Join our High Performance Junior Golf Team!!!

Welcome to the HIGH PERFORMANCE JUNIOR GOLF in Barcelona.

From here we propose an International Junior Golf Program which is unique in Spain. While similar sports plans exist in our country, our academic and sports training project is differentiated by the way we combine studies focussed towards a good university career, with high performance sport en route to professional golf.







## A Global Program

Our **HIGH PERFORMANCE JUNIOR GOLF PROGRAM** is focussed on aspirational young golfers. Here they can perfectly combine their studies in a high-level school with specific golf training and elite competition in their age category.

This is a complete program based at the **Club de Golf Barcelona** at Sant Esteve Sesrovires, and **ZEM Sports Facilities** of Sant Cugat, which allows students to make a qualitative leap in their game. Through demanding training, we develop their skills with the best technical, physical, mental and nutritional preparation by expert and professional technical staff. The program gives access to the most modern and advanced methods and technologies of golf instruction that exist today, along with a team of top advisers.

# Our Program includes:

- + Membership at CG Barcelona during the Program + Free range golf balls
- + School at European International School
- + 88 Hours per month of golf instruction
- + Golf Instruction, Golf 3D sessions by Golf BioDynamics software full swing and putting, 2D video analysis speed camera with JC software, Boditrack, FlightScope, AimPoint, Stats, Club & Fitting and putt Edel
  - + 4.5 Hours fitness per week
  - + Psychologist + Nutritional advice
    - + 6 Local tournaments (Spanish

Ranking and World Ranking, optional)

- + Transfer to and from the Airport
- + Swimming pool + Gym + Stats software
  - + T-shirts, sweaters and jacket



### **Coaching Team**

### **CARLOS VIVAS**

(Head Golf Coach and Founder)

PGA AA, Tutor Training PGAs of Europe, PGA Spain, TPI Qualified Instructor, Golf Pro 2, Junior Coach 2 & 3, Golf Coaching Psychology, Stack & Tilt Network, AimPoint Green Reading, AimPoint Express, Golf BioDynamics

and Edel Fitter.

### **JESUS CHAVES**

(Director of Instruction)

**ANTONIO CORGOS** 

(Physical Training Coach)

Dr. ROBERT NEAL

(Biomechanics Expert)

**ALBERT VILARASAU** 

(Golf Coach)

**SOPHIE ROUSSEAU** 

(Mental Coach)

**INES TUSQUETS** 

(Nutritional Coach)

